



**FAMILY AND SENIORS
POLICY**



CPR & AED TRAINING

Saturday February 1st . 1:00 p.m. to 5:30 p.m.

Learn to save lives with comprehensive CPR (cardiopulmonary resuscitation) training, giving you the skills and knowledge you need to respond in an emergency.

What you will learn:

- Recognize the signs of stroke, heart attack and anaphylactic shock
- Response to opioid overdoses
- Administer the EpiPen for severe allergic reactions
- Perform CPR and use an automatic external defibrillator (AED)
- Intervene in case of drowning
- Intervene alone or with assistance in remote areas



Fees \$100 (resident)* / \$115 (non-resident)

The registration cost includes:

- The 4.5 hour training
- Guide
- The certificate card

*Are you a Wentworth resident? Get a \$15 discount with proof of residency (discount sponsored by the Family and Seniors Committee.)

You have until Friday, January 24 to reserve your place:

Johanne Asselin
450 562-0701 ext. 2928
jasselin@wentworth.ca

*Minimum of 8 participants is required
Maximum of 12 participants*



Location:
86 Louisa Road

www.wentworth.ca